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SEASONS PLUS ACNE AND PIGMENTATION COLLECTION

Seasons Plus Daily Skincare routine to achieve clear acne and blemish free skin.

Clear skin goals.

Use Seasons Plus Anti Acne & Pigmentation cleanser to remove dirt oil, and grime residue that is built up overnight.

Step 1: Wash hands thoroughly. Wet your face with lukewarm water and gently massage your face with your fingertips for a minute in small circular motions.

Step 2: Rinse your face with lukewarm water. Use a soft, clean towel to gently pat your skin dry.

Step 3: Apply a pea size amount of Seasons Plus Acne and Pigmentation cream to your cleansed face.

Note this 3-step daily routine is applicable for morning and evening.

Exfoliator and Mask

You may want to add a few additional steps to your post-wash routine. Use Seasons Plus Acne and Pigmentation mask and exfoliator 3 to 4 times a week. You could choose to exfoliate in the morning or evening by doing the following:

Step 1: Wash hands thoroughly. Wet your face with lukewarm water.

Step 2: Apply Seasons plus Acne and Pigmentation mask and exfoliator using your fingertips to massage in for a minute. Then leave the product to dry for 10 to 15 minutes, thereafter, wash off using warm water, once face is towel dried then apply the Seasons Plus Acne and Pigmentation face cream.

Do not mix with other products example soaps, or other types of creams when using the Seasons Plus Acne and Pigmentation skincare as this will hamper the progress of the results you are trying to achieve.

WARNING: IF YOU ARE PREGNANT OR NURSING DO NOT USE THESE PRODUCTS.

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Seasons Plus Skincare Routine Guide

DRY SKIN	OILY SKIN	COMBINATION SKIN
Day 1 – Monday 1.Cleanse your skin 2.Exfoliator & Mask 3. Apply cream Applicable for morning and evening	Day 1 – Monday 1.Cleanse your skin 2.Exfoliator & Mask 3. Apply cream Applicable for morning and evening	Day 1 – Monday 1.Cleanse your skin 2.Exfoliator & Mask 3. Apply cream Applicable for morning and evening
Day 2 – Tuesday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening	Day 2 – Tuesday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening	Day 2 – Tuesday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening
Day 3- Wednesday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening	Day 3- Wednesday 1.Cleanse your skin 2.Exfoliator & Mask 3. Apply cream Applicable for morning and evening	Day 3- Wednesday 1.Cleanse your skin 2.Exfoliator & Mask 3. Apply cream Applicable for morning and evening
Day 4 – Thursday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening	Day 4 – Thursday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening	Day 4 – Thursday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening
Day 5 – Friday 1.Cleanse your skin 2.Exfoliator & Mask 3. Apply cream Applicable for morning and evening	Day 5 – Friday 1.Cleanse your skin 2.Exfoliator & Mask 3. Apply cream Applicable for morning and evening	Day 5 – Friday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening
Day 6 – Saturday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening	Day 6 – Saturday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening	Day 6 – Saturday 1.Cleanse your skin 2.Exfoliator & Mask 3. Apply cream Applicable for morning and evening
Day 7 – Sunday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening	Day 7 – Sunday 1.Cleanse your skin 2.Exfoliator & Mask 3. Apply cream Applicable for morning and evening	Day 7 – Sunday 1.Cleanse your skin 2. Apply cream Applicable for morning and evening